

# Saint Bridget Catholic Church

## 2024-2025 Middle School Youth Ministry Schedule

Middle School Youth meet on Sundays, St. Bridget Middle School (10:30 am – 12:00 pm)

### August

25th – Parent + Youth Gathering

*Meet in Performing Art Center (PAC) at SBS  
Middle School Building*

### September

1st – No Gathering

8th – MS Gathering

15th – Parish-wide Picnic

22nd – MS Gathering

29th – MS Gathering

### October

6th – MS Gathering

13th – No Gathering

20th – MS Gathering

27th – MS Gathering

### November

3rd – No Gathering

10th – Parent and Youth Gathering

17th – MS Gathering

24th – MS Gathering

### December

1st – No Gathering

8th – Parent and Youth Gathering

15th – MS Gathering

12/22 – 12/29 – No Gathering/Christmas  
Break

### January

5th – MS Gathering

9th (Thursday) – MS Evening Retreat  
*(Baptism of the Lord)*

12th – MS Gathering

19th – MS Gathering

26th – No Gathering

### February

2nd – MS Gathering

9th – No Gathering (Diocesan Youth  
Conference)

16th – No Gathering

23rd – MS Gathering

### March

2nd – MS Gathering

9th – MS Gathering

16th – St. Patrick's Outing

23rd – MS Gathering

30th – No Gathering

### April

6th – MS Gathering

13th – MS Gathering

20th – No Gathering

27th – MS Gathering

# Topics Covered

## The Ministry of Catechesis

*Quite early on, the name catechesis was given to the totality of the Church's efforts to make disciples, to help people believe that Jesus is the Son of God so that believing they might have life in his name, and to educate and instruct them in this life, thus building up the Body of Christ (Catechism of the Catholic Church no. 4).*

The ministry of catechesis helps adolescents *develop* a deeper relationship with Jesus Christ and the Christian community, and *increase* their knowledge of the core content of the Catholic faith. The ministry of Catechesis also helps young people *enrich* and *expand* their understanding of the Scriptures and the sacred tradition and their application to life today, and *live* more faithfully as disciples of Jesus Christ in their daily lives, especially through a life of prayer, justice, and loving service. Genuine faith is a total response of the whole person—mind, heart, and will. The ministry of catechesis fosters growth in Catholic faith in all three dimensions—trusting (heart), knowing and believing (mind), and doing (will). The goal should be to have all Catholic youth involved in some program of catechesis. (USCCB)

**Middle School Youth Ministry covers topics such as Prayer, Church, Sacraments and Social Justice.** This year we will begin by diving deeper into the subject of **Prayer** and **Sacraments**.

Curricula is based on Life Teen and Edge source material, with Scripture + Church Tradition being a bedrock foundation. The Life Teen/Edge movement consists of resources that provide solid Catholic teaching and youth ministry experiences for youth in middle school through high school. It is a popular, nationally recognized resource for Youth Ministers across the country.

*Life teen website: <https://lifeteen.com/>*

We meet in the St. Bridget Middle School building (6112 Three Chopt Rd, Richmond, VA 23226) from 10:30 am – 12:00 pm. We begin in Café (from the front doors, down the stairs and to the left down the hall). We start with snacks, social time and games, followed by teachings and prayer/catechesis activities in the Performing Arts Center (middle floor). We end with a prayer circle, sharing prayer intentions for the week.

*We hope you will join us. **All are welcome.***

Questions? Contact Patrick Stearman, Youth Minister at [pstearman@saintbridgetchurch.org](mailto:pstearman@saintbridgetchurch.org) or 804-525-9382.